

# OCTOBER 2023

## Madison County Schools Snack Menu

### Monday

1.5 oz. Cheeze Its **2**  
8 oz. 1% or Skim Unflavored  
Milk

1.5 oz. Cheeze Its **9**  
8 oz. 1% or Skim Unflavored  
Milk

1.5 oz. Cheeze Its **16**  
8 oz. 1% or Skim Unflavored  
Milk

1.5 oz. Cheeze Its **23**  
8 oz. 1% or Skim Unflavored  
Milk

1.5 oz. Cheeze Its **30**  
8 oz. 1% or Skim Unflavored  
Milk

### Tuesday

1 oz. String Cheese **3**  
1 oz. Graham Crackers  
4 oz. Water

1 oz. String Cheese **10**  
1 oz. Graham Crackers  
4 oz. Water

1 oz. String Cheese **17**  
1 oz. Graham Crackers  
4 oz. Water

1 oz. String Cheese **24**  
1 oz. Graham Crackers  
4 oz. Water

1 oz. String Cheese **31**  
1 oz. Graham Crackers  
4 oz. Water

### Wednesday

1.75 oz. Chex Mix **4**  
8 oz. 1% or Skim Unflavored  
Milk

1.75 oz. Chex Mix **11**  
8 oz. 1% or Skim Unflavored  
Milk

1.75 oz. Chex Mix **18**  
8 oz. 1% or Skim Unflavored  
Milk

1.75 oz. Chex Mix **25**  
8 oz. 1% or Skim Unflavored  
Milk

### Thursday

4 oz. Yogurt **5**  
(Upstate Farms)  
4 oz. Strawberries  
4 oz. Water

4 oz. Yogurt **12**  
(Upstate Farms)  
4 oz. Strawberries  
4 oz. Water

4 oz. Yogurt **19**  
(Upstate Farms)  
4 oz. Strawberries  
4 oz. Water

4 oz. Yogurt **26**  
(Upstate Farms)  
4 oz. Strawberries  
4 oz. Water

### Friday

4 oz. Cup Peaches **6**  
1 oz. Goldfish Crackers  
4 oz. Water

4 oz. Cup Peaches **13**  
1 oz. Goldfish Crackers  
4 oz. Water

4 oz. Cup Peaches **20**  
1 oz. Goldfish Crackers  
4 oz. Water

4 oz. Cup Peaches **27**  
1 oz. Goldfish Crackers  
4 oz. Water

